CLIENT DISCLOSURE AND AGREEMENT

Before we begin, please read this agreement. This form sets the context in which you will get the outcome you want. It also covers some of the issues of law governing our relationship. Christine Wilborn LLC reserves the right to update this policy as needed.

New clients need to download, sign, scan, and email back to **hello@christinewilborn.com** 48 hours prior to your first official session.

Client Disclosure and Informed Consent

1. Alternative or complementary health care under the laws of a number of states: The person you will be working with is not licensed. That means that he/she is not a Medical Doctor, psychiatrist, psychologist, Masters in Family and Child Counseling, or a Master's in Social Work. Nothing that happens here should be construed as a substitute for the advice of a licensed person.

2. What to expect: Your alternative practitioner has been trained and certified in Life Coaching, Applied Neuroscience, Mental and Emotional Release® Technique and Emotional Clearing Method at the Master Practitioner level and will be doing this technique with Neuro Linguistic Programming (NLP) and Hypnosis. The work will probably be different from what you might have expected. In total, we will not spend a lot of time talking about the problem, just gathering information about it. In fact, most sessions are spent on other things.

It is very important for us to discover the internal thought process of HOW you create the problem. That means that we are looking for your strategy (subconscious programming), or how you structure the problem. Because our focus is on structure, that means that, once we discover it, we can move on and focus on having the problem disappear very quickly.

Because of this, your Mental and Emotional Release® Master Practitioner may cut short your answers or even talk about your problem in ways that you have never considered. She may even ask you questions that you do not totally understand consciously in order for your Unconscious Mind to make changes you want at the unconscious level. It is important to do this so that we can reduce the time taken for the coaching process.

3. This is the Process: We begin with you telling us the problem. We will ask you for examples of the problem and other questions to discover HOW you do it in your head. We will also probe to discover the source of the problem – the precipitating event(s). Some time before the end of this part of the session we will ask you what has to happen so you will know the problem is gone.

4. After the Session: We will probably assign you some very specific tasks to do. If assigned these tasks are, absolutely, fundamental part of the process. They make take up to several days or weeks to complete. The tasks are directly related to the circumstances that created the problem. ***You must do them.*** If you do not, then neither you nor we can predict the outcome of the work. Certainly, any guarantees will not be valid if you do not do the tasking.

The second thing that is important is that you will need to stubbornly focus on what you want. The people who are the happiest over-all in life are those who recognize that you have a choice to focus on what you don't want or what you do want. You can focus on negative emotions and things that make you feel bad, or you can focus on positive emotions and things that make you feel good. It is your choice. After the session, ***You Must Focus On What You Want.***

Finally, if your old pattern rears its ugly head, then you must refuse to run the pattern again. Please remember that we have the utmost total and complete respect for you and absolutely no respect for your old problem.

5. This is Alternative or Complementary Health Care and Therapy: Your Mental and Emotional Release® Master Practitioner is a legal Complementary Healthcare Provider, and not a Medical Doctor, psychiatrist, psychologist, Masters in Family and Child Counseling, or a Master's in Social Work. The services you receive are not licensed in this state, nor or they regulated by a governmental body. The self-regulated holistic treatments and client-centered disciplines in which your practitioner is trained and in which she/he has experience including consulting and coaching, Mental and Emotional Release®, Neuro Linguistic Programming (NLP) and Hypnosis. We will always provide only those services in which we have been trained, and if we find that we cannot help you, we will refer you to a licensed person who can assist you.

DURING YOUR SESSIONS WE WILL USE ONE OR MORE OF THE FOLLOWING TECHNIQUES:

a. Neuro Linguistic Programming (NLP):

NLP is a model of communication – how we communicate to self and others – and how that communication creates and affects our behavior. As a study, it is a synthesis of cognitive and behavioral philosophies, which focus on the information coming in through the neurology (cognitive) and the programs we run inside our heads to produce the behaviors (behavioral) we do. Your practitioner is certified as an NLP Master Practitioner by the Association of Integrative Psychology.

It is understood that you are 100% at choice and are responsible for your role, decisions, actions, and results.

b. Coaching: According to the International Coach Federation,

Professional coaching brings many wonderful benefits: fresh perspectives on personal challenges, enhanced decision-making skills, greater interpersonal effectiveness, and increased confidence. And, the list does not end there. Those who undertake coaching also can expect appreciable improvement in productivity, satisfaction with life and work, and the attainment of relevant goals.

ICF defines coaching as partnering with clients in a thought-provoking and creative process that inspires them to maximize their personal and professional potential, which is particularly important in today's uncertain and complex environment. Coaches honor the client as the expert in his or her life and business and believe every client is creative, resourceful and whole. Standing on this foundation, the coach's responsibility is to:

- *Discover, clarify, and align with what the client wants to achieve*
- *Encourage client self-discovery and awareness*
- *Elicit client-generated solutions and strategies*
- *Hold the client responsible and accountable*

This process helps clients dramatically improve their outlook on work and life, while improving their business and financial skills and unlocking their potential.

Your practitioner is a Certified Life Coach as accredited by the International Coach Federation and is governed by the Code of Ethics set by the ICF.

c. Business and Financial Consulting

I am not an accountant, CPA, or financial advisor, please consult with your accountant on any laws or tax issues that pertain to you, your business, and the state you live in accordingly. Use caution and always consult your accountant, lawyer or professional advisor before acting on this or any information related to a lifestyle change or your business or finances. You alone are responsible and accountable for your decisions, actions and results in life, and by your registration here you agree not to attempt to hold us liable for your decisions, actions or results, at any time, under any circumstance.

If you are a part of an online program: The thoughts and ideas presented in the course are based on the experience and opinion of the instructor and should be considered for informational and educational purposes only. The course does not guarantee future earnings, financial increase, or personal success and is not to be taken as financial, investment, or legal advice. You are responsible for your own results and for how you use this material to grow your business.

I can help my clients with:

- *Discovering what is really important to the client and what the client wants to achieve*
- *Creating new habits, strategies, and systems based on what the client wants to accomplish*
- *Identifying the gap between the client's goals and current identity and behavior*
- *Uncovering and bringing awareness to the client's limiting beliefs, money stories, money habits, money values, and financial goals*
- *Tracking Systems for your finances and your business numbers*
- *Financial Skill Development, Literacy, Forecasting, & Resources*
- *Helping keep the client accountable to their plan and what they say they want*
- *Understanding fundamental financial and business principles and strategies*
- *Increasing client efficiency with time, energy, and money*
- *Becoming the empowered leader of your financial life*

I cannot help my clients with:

- *I cannot tell my clients what to do with their money, that is not up to me, or anyone else for that matter, but the client.*

- *I cannot solve your money problems, only you can do that.*
- *Investments and Investment Strategies*
- *Estate Planning*
- *Taxes*
- *Retirement Plans*
- *Asset Protection*
- *Real Estate*
- *Accounting / Bookkeeping*
- *Strategies to get you out of Debt*

Legal Disclaimer: (Just to be sure you are clear on what I cannot do)

Christine Wilborn LLC is not a certified financial planner or tax professional. The thoughts and ideas presented in coaching are based on the experience and opinion of Christine and should be considered informational and educational. Christine Wilborn LLC does not guarantee financial increase or personal success and is not to be taken as financial, investment, or legal advice. You are 100% at choice in coaching. While Christine strives to present accurate and up to date information, Christine Wilborn LLC does not take any responsibility for misrepresented facts or ideas presented in coaching. Please thoroughly research everything you are presented with and seek professional representation before acting on any information or resources you may receive.

CONFIDENTIALITY

We keep all information we receive from you, confidential, and do not disclose it to persons outside our company. All client information is kept strict confidential and is for our internal use only.

(Importantly, we are required in some states to share information about child abuse with state bodies who oversee such matters.) For more, please visit Terms and Conditions.

Email Confidentiality Policy

Email messages, including any attachments, is for the sole use of the intended recipient(s) and may contain confidential and privileged information. Any unauthorized review, use, disclosure or distribution is prohibited.

Email Policy

Emails are responded to in the order they are received Monday – Friday between the hours of 10 am – 4 pm PST. Please know that my response time is between 1-2 business days. Please inform me at the TOP of your email how I am to respond (i.e.: read only, need a resource, need a detailed response, hold for our next session, etc.)

Phone Policy

You will receive a phone number with an access code to call into for each of our sessions. To maintain coach-client boundaries, *I do not give out my personal phone number*. The best way to reach me is via email.

YOUR GUARANTEE

All work that we do is guaranteed. That means that you will receive the support and follow-up to ensure that you get the results wanted. We guarantee our work because our experience has shown us that our clients always get results.

We understand that life “happens”, your commitments will be challenged, and you will face adversity throughout the program, that is not an excuse to leave the work. There will be times where you feel uncomfortable, feel resistance, and don’t want to face a truth. That’s the opportunity to DO the work and breakthrough the places where you normally ‘quit’.

The guarantee works like this:

- *You must finish the program. That means, attend every session. You must go through the entire process of the work all the way to the end.*
- *You must do the tasking after each session, and you need to do it fully and completely.*

YOUR CHOICE, YOUR RESPONSIBILITY

While, during the sessions, we will offer you insight and other ways of looking at any and all presenting problems and its solutions for your consideration. You hereby agree that whatever we discuss is only our perspective and interpretation and is not binding upon you, nor is it prescription.

You alone are responsible and accountable for your decisions, actions and results in life, and by your registration here you agree not to attempt to hold us liable for your decisions, actions or results, at any time, under any circumstance.

If you want to discuss our suggestions with someone else, you should discuss them with a licensed financial advisor or a licensed health care provider. It is your responsibility to confirm whether or not any changes we made produced the desired results. It is your responsibility to communicate your results to us. Our liability is limited to the amount paid for the work.

12-MONTH PRIVATE TRANSFORMATION COACHING *(BEST FINANCIAL YEAR YET)*

Your transformational coaching program includes meeting by phone twice monthly sessions, every month for one year. Your sessions are 60-minutes each. You also receive (3) 3.5 hour intensive immersions to be completed within your 12-month agreement.

Scheduling Policy

The client is responsible for attending their sessions as scheduled. Should you have a schedule conflict you must cancel and/or reschedule no later than 24 hours prior to your session. Failing to do so will result in a "no show" and will count as a completed session.

Please complete all sessions within your 12-month agreement, any remaining or unused sessions will expire and not roll over.

Payment Policy

Your commitment to enrollment in the 12-month program, *Best Financial Year Yet*, may be paid for in one or twelve monthly payments. Enrollees are not paying “monthly” for access to their program. Enrollees are required to commit fully to the program and are responsible for the TOTAL cost IN FULL.

Your total due is to be paid in either one payment or twelve monthly recurring payments.

Your first payment or pay-in-full is due on the day of enrollment and subsequent payments are due starting the following month, to be charged 30 days apart.

Your payment will be auto-deducted. You are responsible for keeping your credit card on file up to date and to notify Christine Wilborn LLC 14 days prior to needing to update your information. Your charge will appear on your CC statement as **Christine Wilborn LLC.**

If payments are not paid on time, within 3 days of payment date, you agree to pay a late fee on all past-due sums at a rate of $10 per month until payment is reconciled.

Canceling this agreement BEFORE the full 12-months has commenced will not result in a refund and you are responsible for all remaining unpaid payments for the remainder of your agreement. **All payments are non-refundable.**

6-MONTH GROUP COACHING & MENTORSHIP *(MASTER YOUR MONEY GAME MENTORSHIP)*

CLIENT PARTICIPATION POLICY

Your group mentorship program includes monthly live Q&A video group coaching call, all course work and digital workbooks, members only forum for accountability and getting your questions answered, and online access during the program.

SCHEDULING POLICY

The client is responsible for attending the live Q&A when scheduled. Should you miss the live Q&A, you are responsible for posting your questions in the forum the Monday before the live Q&A if you want your questions answered during the call. The calls will be recorded and posted in the online forum. It is your responsibility to watch the recording on your own time.

****Level Two: Accountability Coaching (Limited Spots Available)**
If you choose the upgrade to private accountability coaching this includes meeting by phone once per month, every month for 6 months. Your sessions are 60-minutes each.

Scheduling Policy

The client is responsible for attending their sessions as scheduled. Should you have a schedule conflict you must cancel and/or reschedule no later than 24 hours prior to your session. Failing to do so will result in a "no show" and will count as a completed session.

Please complete all sessions within your 6-month agreement, any remaining or unused sessions will expire and not roll over.

PAYMENT POLICY

Payment Policy

Your commitment to enrollment in the 6-month program, *Master Your Money Game Mentorship,* may be paid for in one or six monthly payments. Enrollees are not paying “monthly” for access to their program. Enrollees are required to commit fully to the program and are responsible for the TOTAL cost IN FULL.

Your total due is to be paid in either one payment or six monthly recurring payments.

Your first payment or pay-in-full is due on the day of enrollment and subsequent payments are due starting the following month, to be charged 30 days apart.

Your payment will be auto-deducted. You are responsible for keeping your credit card on file up to date and to notify Christine Wilborn LLC 14 days prior to needing to update your information. Your charge will appear on your CC statement as **Christine Wilborn LLC.**

If payments are not paid on time, within 3 days of payment date, you agree to pay a late fee on all past-due sums at a rate of $10 per month until payment is reconciled.

Canceling this agreement BEFORE the full 6-months has commenced will not result in a refund and you are responsible for all remaining unpaid payments for the remainder of your agreement. **All payments are non-refundable.**

Client Signature ***Required** Date

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Print Name:

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